

Annual Benefits Enrollment Checklist



Follow these steps for 2026 annual benefits enrollment, taking place **Wednesday, October 22 - Thursday, November 6.**

PRE-ENROLLMENT

- ☐ Read the [What's Changing Summary](#) to see what's new for 2026.
- ☐ Consider your family's potential healthcare needs in 2026, including treatments and prescriptions.
- ☐ Explore your options:
 - ☐ Visit the [Make It Yours \(MIY\)](#) site to review plan options (HI residents, visit [here](#))
 - ☐ Compare [carriers](#) and [well-being programs](#) via the MIY site
 - ☐ Consider [supplemental medical coverage](#) (e.g. critical illness) for added financial protection
 - ☐ Use the [Benefits Cost Tool](#) to preview your costs per paycheck in 2026 and out-of-pocket costs

I want to learn about...

[Prescription coverage](#)

[Covered fertility services](#)

[Checking if my doctors are in-network](#)

ENROLLMENT: OCTOBER 22- NOVEMBER 6

- ☐ Log in to the [My Health Benefits enrollment site](#)* to get started.
- ☐ Use the Help Me Choose Tool to find the best plan for your needs — [learn about the tool](#).
- ☐ Make your elections, including enrolling in a [spending account](#) (Flexible Spending Account (FSA) or Health Savings Account, HSA), by **November 6.**

Note: If you don't make an election or opt out of your current healthcare elections, they will carry over to 2026, if available, at new contribution rates. Spending account elections will not carry over; you must make a new election each year.

RESOURCES

Visit the [Loop](#) for more information and resources, including FAQs.

For additional general support, contact the Benefits Center at 833-692-6387. If in need of additional guidance, contact an [Advocacy HealthPro](#) at 866-300-6530 or email AlightHealthPro@alight.com.

*Log in using your Tapestry username and password. You can also reach the site [here](#) by creating a username and password.