

# **Choose Your Benefits**

Get Ready Now, Enroll October 22 through November 6

Your benefits marketplace makes it easy to find the right fit. Just choose your coverage level, the price you want to pay, and the insurance carrier you want to work with.



#### **Get Up to Speed**

Visit the **Make It Yours** website at **tapestry.makeityoursource.com**.

- Watch quick videos to see what your benefits are all about.
- Compare the coverage levels side-by-side.
- Compare the costs of your health care options to find the best deal.
- Get to know the carriers through <u>Your Carrier Connection</u>—get overviews, compare specially designed programs, and access preview sites to see provider networks and prescription drug information.



#### **Enroll**

Log on to the My Health Benefits enrollment website or enroll through the Alight Mobile app.

Use the Help Me Choose tool to get fast answers about the best medical options for your situation by sharing what's important to you—including your doctors and any prescriptions you might take.

Once you've completed your enrollment online, you can view your future coverages and follow-ups anytime before your benefits begin.





Remember, you should carefully review all your options. If you take no action, you will default to your current coverage next year. If your current coverage is not available in 2026, you will be enrolled in the lowest cost option available for the plan. To contribute to a Health Savings Account (HSA) (if eligible) or a Flexible Spending Account (FSA) for 2026, you must make an active election.

## **Use Your Benefits**

Throughout the year, there are lots of ways to stay on top of your health, and to make the most of your benefits and your health care dollars. Make sure you're up-to-speed before your benefits take effect.



#### **Get the Inside Scoop**

Visit the Make It Yours website at tapestry.makeityoursource.com.

- Get insider tips for "how to work the health care system" on many topics.
- Make the most of your benefits and your health care dollars.



### **Manage Your Benefits**

- Log on to the My Health Benefits enrollment website or the Alight Mobile app.
- See what's covered and who you're covering.
- Make benefits changes when your life changes (e.g., marriage, birth of a child).



## Stay in Step With Your Carrier

Once your coverage begins, register on the <u>insurance carrier</u> member site (you can get to it from the Make It Yours website) and download their mobile app.

- Keep track of your provider bills and payments online (once your coverage begins).
- Feel your best by taking advantage of all that your carrier offers, which may include virtual care, lifestyle coaching and fitness discounts, mental health support, and more.



### **Questions?**

You can reach a customer service representative by web chat or by scheduling an appointment through the My Health Benefits enrollment website. You can also call the My Health Benefits Center at 1.833.692.6387 (1.833.MYBNFTS), Monday through Friday, from 9:00 a.m. to 6:00 p.m. ET. If you don't connect with a representative right away, you will be given the option to save your place in line and be called back once a representative is available.